



LUYAA

Linganore Urbana Youth Athletic Association, Inc.



WINTER 2008
Newsletter

www.luyaa.org

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Athletic Directors

Open (Fall)

Open (Winter)

Open (Spring)

Ambassador to the BOE

Open

BUSINESS MANAGER

Julie Jarboe

bizmgr@luyaa.org 240-372-4987

PO Box 302

New Market, MD 21770 fax301-865-6058

Letter from the President

Over the last several years, LUYAA has grown to meet the needs of our youth in the Frederick area. We have worked diligently to expand our field space to meet our growing needs. We are still working on our New Market Park and hope to have these fields under construction very shortly. Fields are being built behind Urbana High School and we are working with the county to try and have playing time on these fields as well. If you have or know of someone who is willing to donate land for LUYAA to build fields, please let me know. Field space has always been a top concern and will continue to be, especially with our growing community.

LUYAA has had a great Summer season and I would like to thank all the volunteers who made that possible. Because of you, the players are able to enjoy each sport and the parents get to enjoy watching and cheering them on.

As the players get ready for the next season and school is in full swing, LUYAA is already preparing for our next registration. Please look at the dates carefully as we are only having one day of walk-in registrations. We are trying to be more efficient and use our volunteers more effectively. We have found that most of our LUYAA families like to use the on-line process. We also realize that you still need to have the opportunity to meet the commissioners in person and ask any questions you may have.

LUYAA is a volunteer organization and it is only through dedication and commitment of individuals such as these that allows us to grow and support the growth of so many talented young athletes.

Last, but certainly not least, I would like to thank all of our LUYAA families for their continued generosity in supporting our fundraising programs. Your contributions are very much appreciated and are highlighted by the many valuable programs we are able to offer our children.

Best of luck to all of our teams during the upcoming season. GO LUYAA!

Charlie Dunn
LUYAA President

LUYAA Bylaw Article II—Purpose

2.01—To organize and promote athletic and recreational programs on intramural and competitive levels on the basis of good sportsmanship and fair play; these standards are to be observed at all times.

2.02—To offer those programs to all interested youth in the Lingane and Urbana High School districts; any exceptions to be made at the discretion of the Board of Directors.

2.03—To teach youngsters, through participation, the fundamentals and principles of sports.

2.04—To take into consideration, first and foremost, the health, welfare and ability of each individual participant.

LUYAA Refund Policy

All refunds will be directed through the LUYAA webpage, www.luyaa.org. In the event that internet access is unavailable, please contact the registrar.

A \$10 Administrative Fee will be imposed on all refunds requested within 2 weeks of the last registration day at school. (*)

A 50% Refund will be issued for refunds requested before the completion of the second week of practice. (*)

No Refunds will be given after the completion of the second week of practice. (*)

Late Fees and Annual Membership Dues will not be refunded.

LUYAA Late Registration Policy

A registration is considered to be 'late' if not turned in at the official LUYAA Registration or if not paid for online by the specified date of on-time registration.

All late fee registrations will be subject to a \$25 late fee. Ten Dollars (\$10) of the late fee will be deposited in the LUYAA Land Fund.

Directions for registering late can be found on the LUYAA webpage at www.luyaa.org. In the event that internet access is unavailable, please contact the registrar.

Registration is not complete until full payment is received.

Financial Disclosure Policy

LUYAA members in good standing who wish to obtain financial information must do so in writing in advance.

Requests can be made via e-mail to treasurer@luyaa.org or by US mail.

The treasurer has the right to deny requests that would require the release of confidential information or be deemed unreasonable.

Appeals should be directed to the LUYAA President.

The financial statement will be provided within 30 days.

Chain of Command

- Your Immediate Coach
- Sport Commissioner/Coordinator
- Athletic Director
- LUYAA Board of Directors

Please try to resolve any problems through the chain of command. Please contact the athletic director before contacting members of the board. If there is a problem in following the above chain of command, the LUYAA Board of Directors has an open door policy; call any director or attend any board meeting.

SPORT COMMISSIONERS

Baseball	Kevin Glassic	301-607-6438
Basketball	Dave Sowers	301-831-3824
Cheerleading	Krystel Williams	240-409-1492
Field Hockey	Sue Lake	301-831-3065
Football	Sandy Baker	301-607-9668
Golf	Kay Cook	301-607-9278
Lacrosse	Jaine Ackley	301-706-0359
Pom Pons	Suzanne Patton	301-748-0771
Soccer	Bob LoCicero	301-662-5525
Softball	Lon Santis	301-865-7238
Wrestling	Ken Wolfe	866-216-1448

Upcoming Semi-Annual Election

The next election for the LUYAA Board of Directors will be held on December 4th, 2008. There will be four (4) openings.

Candidates MUST submit the following at least 30 prior to the date of election:

- Name
- Address
- Occupational and Education History
- A brief statement why the candidate is interested in serving.

This can be e-mailed to president@luyaa.org or mailed to PO Box 302, New Market, MD 21774.

No nominations will be accepted from the floor.

Any positions remaining unfilled will be appointed by the President and approved by the BOD at a later date.

Newsletter Advertising

The LUYAA Newsletter is distributed three times a year to families in the Liganore & Urbana High School area that have participated in our programs. It is also distributed electronically via e-mail and our website.

Current Advertising Rates:

1/6 page- \$50
2.33" w x 5" h
5" w x 2.33" h
1/12 page- \$30
2.33" w x 2.5" h

E-mail bizmgr@luyaa.org
or call 240-382-4987

Returned Check Policy

Checks that are returned by the bank will be automatically processed electronically. In order to write checks to LUYAA, the following must be agreed to:

If my check is returned unpaid, I authorize my account to be debited electronically for both the check amount and the return check fees.

3 Ways to Register:

1. Pay Online

- Visit our website at www.luyaa.org and click on the link for 'Online Registration'.
- You will be taken to the provider's website where you can register for sports.
- Please register your children starting with the oldest and ending with the youngest.
- Please complete all the fields on the form.
- Click on the link for 'Help' if you have any problems.

2. Pre-Enroll Online & Pay at Registration at NMMS (Express Line)

- Follow the instructions for Online Registration above.
 - Select payment type 'Bring To Registration'.
 - Print an extra copy of your receipt and bring it to the school during walk-in registration.
 - Turn in your receipt along with payment of Cash or Check.
- *If you sign up online and select the 'Bring To Registration' option, but do not come to the school, your registration will not be completed until payment is received, and possibly an addition of late fees.**

3. Register In-Person

- Check the registration dates on the front of the newsletter and on our website. Updates on cancelled or postponed registrations will be posted as soon as possible. Someone for each sport should be there and often give out information for the upcoming sport, and may have other information for you.
- At registration, you must fill out a separate form for each child and for each sport. If you have a question about a particular sport, go to their table before getting in the registration line. Do not complete your check until you are told the total that you owe.
- Please try to sign up all your children at one time so proper sibling discounts may be applied.

COACHES MUST SIGN UP ONLINE ALSO!!

All LUYAA Coaches, Assistant Coaches, Coordinators, Team Moms, Concessions Coordinators, and Fund-raising Coordinators must pass a criminal background check. If you are planning on volunteering for one of these positions, please register early, as the paperwork takes time.

1. Visit www.luyaa.org and click on 'Online Registration'.
 2. Click on Important Info for Coaches and follow step number 2.
 3. If you have had a background check done in the last 3 years, then all you have to do is register. If you haven't had a background check don't, you will need to download the signature form and sign it.
 4. Instructions for submitting it by mail or fax are on the form.
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Background Checks

All head coaches, assistant coaches, coordinators, concessions coordinators, and fundraising coordinators and team moms must have a Criminal Background Check approved, and must be approved by the commissioner before any practices may begin.

LUYAA Background Search Criteria

1. Individuals found to be guilty at any time of the following crimes will not be accepted for any position within the LUYAA organization. Guilty means the individual was found guilty following a trial, entered a guilty plea, entered a no contest plea accompanied by the court's finding of guilt, regardless of whether there was an adjudication of guilt (conviction) or withholding of guilt. The policy does not apply of criminal charges resulting in acquittal or dismissal.
 - A. Any crimes against children
 - B. Any felony conviction involving violence
 - C. Any sexual offence
 - D. Any felony theft.
2. Individuals found to be guilty of the following crimes with the past 5 years immediately preceding his/her application will not be accepted.
 - A. More than one criminal offense that is drug or alcohol related, or more that one driving while under the influence (DWI) conviction.
 - B. Misdemeanor possession of a controlled substance or drug paraphernalia.
 - C. Misdemeanor possession of a concealed weapon.
 - D. Sale or delivery of an alcoholic beverage to a minor.
 - E. Petit theft.
 - F. Misdemeanor domestic violence.
 - G. Multiple crimes.

Baseball—

For information please visit the website, or contact **Kevin Glassic**
LUYAA
Baseball
baseball@luyaa.org



Basketball—

Hoops Scoop

Preparations for the 2008-2009 basketball season are underway and we are in need of several new volunteers to join our LUYAA Basketball Committee. Alex Utt and Harry Hall have stepped down after several years of leading the program so well. Thanks again guys for all you have done for the community! Anyone interested in helping at the Committee level please contact me at my contact numbers below. Several of these key positions simply must be filled if the intramural program is to continue to flourish.



We do have an opening for an Area Director of the Windsor Knolls Traveling Program.

There will be an organizational meeting for parents who wish to help coordinate leagues or help fill any of our administrative needs (this is not a meeting for coaches). The meeting is planned for Wednesday, Sept. 17th at 7 p.m. at Dave's house, 3918 Millstone Circle, Monrovia, which is near the intersection of Bartholows Road and Rt. 80. Call Dave on his cell (301) 370-4969 for details about the kind of help needed and for directions.

Our intramural leagues are for boys and girls 1st thru 8th grade and are a must-play league. The travel teams for the middle schools are not must play. Tryouts are at the school your child attends and will be announced at registration and placed on the LUYAA web site. We do have a need to fill several traveling coaching positions. Contact the area director below if you have an interest or have questions about your child's program.

Questions before sign ups should be ad-

dressed to the following people:
Intramural Coordinator: Open
Windsor Knolls Area Dir: Dave Sowers
301-831-3824 (until filled)
Urbana Middle Area Dir: Alex Utt 301 865-8648
New Market Area Dir: Mike Fanning 301 829-9180
Oakdale Area Director: Rob Carpenter 301-695-3636
Basketball Commissioner: Dave Sowers
301-831-3824

All potential coordinators, coaches, and referees may sign up at registration or send me a note on my email listed below. Remember, we are only as good as our volunteers, so be sure to offer to help. Together, we can make a difference.

Dave Sowers
Basketball Commissioner
Cell 301 370-4969
Home 301 831-3824
Email ccfd@aol.com
basketball@luyaa.org

Cheerleading—

Our fall season is well underway and we are having a GREAT 2008 season! Thank you to all of you who have contributed their time and effort in making this program excel! We also hope to see all of you at our end of the year cheerleading competition!



Basketball is quickly approaching. This year we will continue with registration being open to 5th, 6th, 7th and 8th graders. It will depend on how many girls sign up, as to which squad they will be placed on. We would love to have enough girls for multiple squads! We are hoping to attend at least one competition throughout the basketball season.

If you have a K-4th grader, keep on the look-out for fliers coming home from school. We will be hosting a cheer clinic for the younger girls throughout the basketball season (times and dates TBD).

We are always seeking volunteers (coaches, asst. coaches, team moms, etc.),

if you are interested please email me at cheerleading@luyaa.org and let me know!

Krystal Williams
LUYAA Cheerleading
cheerleading@luyaa.org

Field Hockey-

Fall is here and that means it is high school field hockey time! LUYAA field hockey players are encouraged to attend one of the Urbana or Linganore Field Hockey games and see their favorite assistant coach from our spring program play in real game situations. By watching, you will see how the players use skills taught in the spring program, play in the positions you learned about and work as a team to win the game for their school. Check the Linganore and Urbana High School websites for dates and times for games.

We look forward to another great LUYAA season which will start in March 09. Until then we encourage you to continue practicing skills and watching as many games as you can.

Thank-you again to all the adult coaches, assistant coaches, parents and field hockey supporters who made our Spring 08 program a success.

Sue Lake
LUYAA Field Hockey
fieldhockey@luyaa.org

Football—

For information please visit the website, or contact

Sandy Baker
LUYAA Football
football@luyaa.org



Golf—

Great Golf Season!

We have concluded our LUYAA Golf for this spring; we hope that it was a great experience for all of your children. LUYAA had a great turn out. During the spring 2008 season, LUYAA had two golf sessions both were held at Rattlewood Golf Course. Let me take this opportunity to thank the staff at this wonderful course for exceptional professionalism working with all of the kids. I truly hope the kids had a great experience playing this year and I hope to see everyone come back next year.

The success of our program depends highly on volunteers. LUYAA Golf would not be possible without the dedication from our parents and volunteers who made this year a success, we know that it takes a great commitment from all of you and we appreciate the support! A special thank you to Joe Cook; without you this season would not have been possible. I want to also send a special thank you to Chris Cissel, Zach, Kim and the rest of his Rattlewood staff for their willingness to host two tournaments and for all their help during this season. Also, I want to send a special thank you to Robert Schrider (our tournament chef) and his wife Michelle for letting us borrow him for both tournaments.

Thanks again for a great golf season and we hope to see you all out there next year.

Kay Cook
LUYAA Golf
golf@luyaa.org

Lacrosse—

First and foremost, I'd like to thank everyone for an extremely successful spring season. While it seems like ages ago, our last newsletter was submitted halfway through the season, so I'd like to mention a few things to wrap it up. We had 21 teams participate in 2 separate leagues for a very exciting, fun filled season. We provided updated equipment, worked on fields, trained coaches, competed in tournaments, and completed sev-



eral successful fundraisers. Unfortunately, mother nature rained out our 2nd annual LAXFEST, but we're looking forward to a very successful one next year... including a rain date! Many thanks to our festival committee for all your hard work! We hope you'll join us next year!

I'd especially like to thank our dedicated, hardworking leadership team from spring. Jennifer Knotts, our Director of Fundraising, and Lisa Guay, our girls coordinator did an outstanding job, not only in their appointed positions, but in helping coordinate the festival committee and all our volunteers. Many thanks to Kim Smith, our Linganore Boys coordinator, for all her hard work and commitment. A very special thanks to our Urbana Boys Coordinator, Heather Erdman, for her hard work and dedication to the entire LUYAA lacrosse program over the past 4 years. Please join me in wishing Heather all the best as she moves on with her son to high school sports.

Lacrosse is the fastest growing sport in America, and we continue to exemplify this trend, with our fall clinic currently instructing nearly 150 new and novice players. It's not too late to sign up for this clinic, so if you have a friend who wants to give the sport a try, this is a perfect opportunity. Fall clinic is low key and instructional; 2 days a week (Girls on Monday and Wednesday and Boys on Tuesday and Thursday) from September 8-October 29. We hope all of these players will continue to enjoy the sport, and join us again during our indoor and spring seasons.

We have several other activities planned for this fall, and we hope you'll join us for these events. On October 5, we will host a concession stand at the US Lacrosse Fall Ball Play Day at Windsor Knolls Elementary School. This is an excellent opportunity to watch an action packed day of lacrosse, and enjoy some goodies to help support our program. We also plan to hold an equipment drive, to build an inventory of loaner equipment... So get ready to clean out your garage! We'll have an apparel sale online, and with holiday shopping just around the corner, you can outfit your laxer in style. We also plan to have a shed painting party to pretty up our storage unit, generously donated by Coach Frank Aparicio. Keep an eye on the website for updated information.

We are currently accepting registrations

for our indoor lacrosse league. Indoor is intended for experienced players only, as there is no instruction. It consists of games only, and both the boys and girls programs will be held this year at the Sportsplex in Frederick. Extensive experience is not required, but players should have at least attended a camp or clinic so they understand the game. Please be sure to check out the LUYAA website for updates on exact days and times.

Finally, please join me in thanking all the dedicated coaches who make our program such a success. Most all of them started as parents of players, and have spent a considerable amount of time teaching, learning and enhancing their skills to provide an outstanding opportunity for our youth. Several no longer have children in the program, but continue to volunteer their time and talents. As a volunteer organization, we really count on everyone to pitch in and lend a hand. From coaches, to team managers, to statisticians, to field liners; everyone plays a critical role in our success. Many thanks to all our current... and future volunteers!
On behalf of our entire lacrosse community... welcome, thank you, and lax on!

Jaine Ackley
LUYAA Lacrosse
lacrosse@luyaa.org

Poms

Poms is in full swing! You can see the Lancer Poms performing at halftime of the home football games at New Market Middle School and the Hawk Poms performing at halftime of the home football games at the Fannie Mae field. Poms would like to wish the best of luck to both the Lancer and Hawk football programs - may our season be a long and winning one! Visit the pom page online at LUYAA.ORG for up to date pom information and contacts. Don't forget that registration for the Fall 2009 Pom season will be held during May registration."



Suzanne Patton
LUYAA Poms
poms@luyaa.org

Soccer

The fall of 2008 LUYAA Soccer season is underway with more than 700 children participating at various ages and levels. The LUYAA travel teams under the LUYAA SC umbrella now number 10, the first time we have reached double digits. This fall our SC teams include WAGS teams for the girls at U 9, U 10, U 11, U 13 and U 19 and an MSI team at U16/19. There are MSI boys teams in the U 13, U 14 and U 15 age groups as well as an OBSL boys team at U 9. We are fielding FCYSL Division 1 teams on the girl's side at U12 and U 14, and FCYSL Division 1 boys teams at U 10 and U 12. LUYAA Soccer is also fielding 20 teams playing in U10, U 12 and U 14 FCYSL Division 2 and Division 3 and about 300 children in our in house U 8, U 6 and Tots Academies. As always, all of these children need coaches. This fall we have 85 registered coaches, all of whom have been background checked, and most have earned coaching certifications and licenses. I am into my fifth year as Commissioner of LUYAA Soccer and during that time the LUYAA Soccer Committee has had excellent continuity, and for that I am extremely thankful. Our Tots and U 6 programs are headed up by Melanie Robinson and she is assisted by Charlie Moore, who is also our LUYAA Goal Keeper instructor. Melanie is also our Uniforms Coordinator. Our U 8 program is coordinated by Tom Troutman. Neither Melanie nor Tom has a child who is in our Tots, U 6 or U 8 programs. All of their children have aged out and have been out for several seasons, so please thank them for their continued dedication to these programs. Tom also coordinates our team photo days, practice field scheduling and Frederick County Parks and Recreation reports. Dave Farnsworth is our Coed/Boys Coordinator for U 10 and older and he is assisted by Tony Eastridge, who has just stepped up to offer his services this fall as an assistant coordinator. Kevin Brookes coordinates our FCYSL girls and also represents us to the league as our Area Coordinator. John Cunha coordinates our WAGS teams and other carded girls teams. Paul Riley is the Assistant Commissioner



and our Development Coordinator and is our longest tenured coordinator. Paul has volunteered for many years despite the fact that most years he did not have any children in LUYAA Soccer. Brian and Kim Ferris are our Equipment Coordinators. All of these coordinators devote a tremendous amount of their personal time to running LUYAA Soccer. In addition, they are also involved in coaching our teams. These folks also do hundreds of little fill in the gaps types of things throughout the entire calendar year that keep LUYAA Soccer running.

LUYAA Soccer does not do a fall fundraiser but I would like to thank our sponsors from our spring fundraiser, the LUYAA Soccer Golf Tournament. Our fourth annual event was held this past June at Worthington Manor Golf Club in Urbana. The program netted \$8,000 from the event which brings our four year total to \$34,000. My Co-Chair was Paul McArthur, a former coach and coordinator for LUYAA Soccer. Thank you Paul. We had 78 golfers this year, our second best total ever. If you have the opportunity, please thank these folks for sponsoring our tournament :

EU Services, M&T Bank, UK Elite Soccer, McCollum's Lawn Care, Team Bofinger, Mr. Mike Britton, DeLauder Insurance, Ooh AHHH Massage, Alan & Dolores Mills, Band LED and Fiber Optic Lighting, Budding Lawn Care, Target Sheet Metal, Pain, Moulden & Associates, CPAs, Signature Fence, Jiu-Jitsu Now, Fredericktown Yamaha, John J. Kirlin LLC, Paul McArthur and Bill Coffey of Smith Barney, State Farm Insurance and Mr. David Hood.

The following donated and/or discounted items for the tournament:
Worthington Manor Golf Club, Mr. Ed Coyle, Beverage Capital, Jerry's Trophies, Wardman Park Marriott, Washington DC, Hyatt Regency of Capitol Hill, Mayflower Renaissance Hotel of Washington DC, The Sports Authority, Dimension Z Golf, New York J&P Pizza, Doc Geiser's Chicken and Smiths Group.

As you head out to the soccer fields this fall for practice and for games, please remember to leave the family dog at home. The LUYAA Board of Directors has a strict rule about not allowing dogs, leashed or otherwise, at games.

Please visit our web page at www.luyaa.org/soccer.htm for more information on the soccer program.

If you would like to learn more about LUYAA Soccer or volunteer your ser-

vices, please email me at soccer@luyaa.org

Thank you.

Bob LoCicero
LUYAA Soccer
soccer@luyaa.org

Softball

Thanks to all the volunteers that made the 2008 LUYAA girls softball season a wonderful success. We had some really great coaches that inspired our teams to have lots of fun while still learning the game. Congratulations to all the teams in the closely competitive 12U and 10U intramural leagues. The success of our four 15U teams in the Frederick County Girls Softball League (FCGSL) is an indication that the LUYAA softball program is producing quality players. Out of 22 teams, LUYAA took 2nd, 3rd, 5th and 12th in the regular season and 2nd, 3rd, 7th, and 8th in the playoffs.



We expect LUYAA's extended fall season to be a huge success, with LUYAA fielding team(s) in a 10U and 12U. Thanks to Mike Schoonover for organizing extended fall competition.

Special thanks go to our parent volunteers and especially Eric Stone, Jill Rickert, Rob Pack, Barry Robinson, Mara Santis, Mike Schoonover, Misti Lucente, Robyn Stewart, Marc Gluck, Ron Patterson, and all the other volunteers that helped put on the 2008 season. The program grew in several areas this year, our long-range plan for excellence being fulfilled step-by-step. The outstanding efforts of our volunteers running concessions, obtaining sponsorships, running tournaments and seeking donations raised almost \$8,000 this year, 36 percent of our total income. Be sure to thank and patronize our sponsors when you get a chance.

We put this money to good use, once again purchasing new equipment and investing heavily in maintaining and upgrading the fields at Windsor Knolls Middle School and Green Valley Elementary. Uniforms were upgraded and the benefits of top-notch ASA umpires were evident.

Of course, improvements are in store for the 2009 season. Your suggestions via e-mail at softball@luyaa.org are most welcome.

We hope that you are working on improving softball skills this summer and fall. There are many opportunities for softball clinics in the Central Maryland area. Enter "girls softball Frederick" or "girls softball Maryland" into an internet search engine and you will find more than you can imagine. We like to send e-mail notices of local clinics when we hear of them, so if you know of something, please send the information to softball@luyaa.org for distribution.

Be sure to go outside and enjoy the cooling fall temperatures with a game of catch. If you cannot find someone to catch with, a wall will "throw" back. Tossing a ball up in the air and hitting it is one of the best batting drills you can do. It will quicken your swing and improve your hand-eye coordination. Think of ways you can be better prepared for next year's softball season, and work on those things from now until next Spring.

Lon Santis
LUYAA Softball
softball@luyaa.org

Wrestling

PREDATOR Wrestling
The goal of the LUYAA wrestling program is to educate wrestlers and parents about the sport and prepare veteran wrestlers for High School wrestling. The program has grown into 80+ wrestlers over the last few years and our squad is split into 2 leagues. The LUYAA Wrestling squad will wrestle in the Mason Dixon League (MDL) and the LUYAA Predators will wrestle in the Capital Area Wrestling League (CAWL).



The MDL consists of 18 teams located in 4 states; Pennsylvania, West Virginia, Maryland, and Virginia. Our season will run approximately from November 15th through March 15th including the Mason

Dixon League Championships. The weight classes in this league are age dependent; Bantam (up to 7), Midget (8-9), Junior (10-11), Intermediate (12-14). Our matches are generally held on Saturdays but occasionally are held on Sundays. Practice locations will be the new Liganore HS (Oakdale), Urbana HS, and Gold's Gym. Our wrestlers must be between the ages of 5 and 14. Age is determined as of December 31, 2008 for the upcoming season. For each league match, we try to get at least 2 and no more than 5 matches for each wrestler. Each wrestler will be placed in a weight class determined by their actual weight and age. We usually will start League matches the first weekend after the New Year and finish with the League Tournament the first or second weekend in March. We will run 3 or 4 practice squads this year set up as follows:

Squad 1 – Developmental Squad (MDL) – Will practice 2 times per week, 2 hours per practice, generally 6:00 PM to 8:00 PM.

Squad 2 – Experienced Squad (MDL) – Will practice 2 and sometimes 3 times per week, 2 hours per practice generally 6:00 PM to 8:00 PM. It is recommended that most of these wrestlers compete in at least 3 tournaments and qualify for and compete in the Maryland Youth State Championships.

Squad 3 and possibly 4 – Predator Squad (CAWL) – This squad's goal will be to wrestle in the Maryland Youth State Championships in February as a team, compete in several dual tournaments, and qualify for the MD/VA State Tournament. We will practice 3 times per week at Urbana High School. The cost will be approximately \$15 per tournament and a USA Wrestling card will be required at \$25. This will require a large commitment from the parents and wrestlers. After we know the CAWL League schedule, we will determine the tournaments we will wrestle in. The CAWL matches are a dual format. This is the same as High School wrestling where each wrestler earns team points and you win or lose as a team. There are SOME age restrictions in the CAWL. This is for experienced wrestlers only usually 6th graders to 8th graders except for the lower 4 or 5 weight classes. The weight classes are 50(cannot be 10), 55(cannot be 11), [60, 65] (cannot be 12), [70, 75] (cannot be 13), [80, 85, 90](cannot be 14), [95, 101, 108, 115, 122, 130, 140, 150, 165, 200] (cannot be 16, 9th graders are eligible

but cannot have any varsity experience). All ages are in reference to December 31, 2008. For more information about the CAWL please see their web page: <http://beltwaywrestling.wrestling.servers.com/> or look up CAWL on google.

If you have wrestling experience I would like to have you for an assistant coach and encourage you to sign up as an assistant coach at registration. You will be required to have a background check through the LUYAA organization. The assistant coaches help the wrestlers through moves and drills. If you sign up as an assistant coach, please be prepared to be at every practice. We want a ratio of 1 coach to every 6 wrestlers or less.

The LUYAA program did very well last year with the following accomplishments:

LUYAA Program including the Predators:

5th in the state out of 50+ teams at the Maryland Youth State Championships.

6th at the Mason Dixon League Championships

Predators:

Tied for 3rd in the CAWL (15 teams)

2nd Outlaw Duals (8 teams)

5th Cougar Cup (16 teams)

9th at the Maryland/Virginia State Championships

We also finished the season with 2 wrestlers earning Youth All American honors at post season tournaments:

Morgan Way and Alex Wolfe

Please visit our web site for wrestling information: <http://www.leaguelineup.com/welcome.asp?url=luyaawrestling>

On another note, I have stepped down as the wrestling commissioner. Doug Masy will take over the reigns and guide the program for several years to come. I deeply appreciate and want to thank all the coaches, volunteers, parents, and wrestlers over the years in creating a strong and successful program. You have all been great!

We need to increase the wrestling fee this year to \$90. We are doing this to pay for the CAWL fee of \$800 and to pay for the MDL Qualifier and Championship fees. We have to collect for these fees during the year and decided it was easier just to do it up front.

As always, I humbly ask the members of our local business community to provide support for our young wrestlers. Tax-deductible Team Sponsorships are available for \$150.00. For your donation, you will receive a team plaque containing a team picture and we will put your logo and an advertisement on our web page. We would deeply appreciate your support. Last years sponsors were responsible for purchasing Predator singlets and allowing us to survive without a fund raiser. We will be purchasing a smaller amount of singlets each year for replacements and we will be in need of purchasing a trailer to haul and store wrestling mats given to us by Linganore High School as they are getting new mats. Thank you in advance for your contribution. Please show your patronage to our sponsors below:

Ballenger Creek Chiropractic
604 Solarex Ct, Frederick
301-620-1008

Gold's Gym
5728 Buckeystown Pike
301-689-4653

Cabinet Discounters
2704 Back Acres Circle
Mt. Airy, MD 21771
301-829-7272

Jerry's Trophies
301-829-2300

D.G. Allen Construction
2905 Flint Hill Road
Adamstown, MD 21710
301-831-1316

JLT Rolloff
2905 Flint Hill Road
Adamstown, MD 21710
301-831-1316

Frederick Fire and Flood
5938 Jefferson Pike
Frederick, MD 21703
301-620-7500

Baer Snow Removal
5809 Bells Lane
Frederick, MD 21704
301-682-7964

Frederick Equipment Co.
9640 Liberty Rd
Frederick, MD 21754
301-898-1200

Ben Lewis Plumbing & Sprinkler, Inc.
23407 Frederick Rd
Clarksburg, MD 20871
301-428-3900

Brandenburg Electric, Inc.
700 N. East Street, Frederick
301-662-0144

Maryland Surfacing
10087 Tylar Place #15
Ijamsville, MD 21754
301-831-8320

N.Z. Cramer & Sons, Inc.
101 Creagerstown Rd
Woodsboro, MD 21798
301-898-9116

Southland Industries
Dulles, VA

Wind Ward Electric
2717 Loch Haven Dr.
Ijamsville, MD 21754
240-793-0949

Worthington Construction
13795 Halane St, Mt. Airy
301-829-7562

Mr. & Mrs. John Thomas

Jerry and Cindy Way

Suzi and Tony Hugueley

Thanks again to our sponsors.

If you have any questions I can be contacted at 240 405 5671. Hope to see you all this Winter!

Ken Wolfe
LUYAA Wrestling
wrestling@luyaa.org



LUYAA

WINTER REGISTRATION

**Online
Registration
opens
Sept. 10, 2008**

Basketball	Co-ed Instructional	Grades 1-2	\$60
	Intramural Boys	Grades 3-8	\$70
	Intramural Girls	Grades 3-8	\$70
	Boys Middle School Travel*	Grades 6-8	\$70
	Girls Middle School Travel*	Grades 6-8	\$70
Basketball Clinic-Boys and Girls		Grades 3-5, 6-8	\$60
Cheerleading	Middle School Travel*	Grades 5-8	\$65
Indoor Lacrosse	Experienced Only Boys	Grades 5-8	\$120
	Experienced Only Boys	Grades K-5	\$120
	Experienced Only Girls	Grades 5-8	\$105
	Experienced Only Girls	Grades K-5	\$105
Wrestling		Grades 1-8	\$90

**Select or Travel Teams may require more fees.

REGISTRATION HOTLINE- (240) 331-9184

Family Membership- \$15 PER YEAR

Discounts: 3rd child- \$15, 4th child or more- Free

Late Registration- \$25/child/sport- \$10 for changing sports

Late registrations in effect beginning September 30, 2008



**WINTER
REGISTRATION**

LOCATION DATES & TIMES

**NEW MARKET MIDDLE
SCHOOL CAFETORIUM**

One Night Only!!

Monday, Sept. 15th

6:00 p.m.—9:00 p.m.

Check the website or the Registration
Hotline in case of inclement weather.
240-331-9184

**Online Registration
Opens Sept. 10th, 2008
www.luyaa.org**

LUYAA
PO Box 302
New Market, MD 21774

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