



Linganore Urbana Youth Athletic Association Newsletter

www.luyaa.org

Spring 2006

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Open (Fall)

Open (Winter)

Open (Spring)

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President's Message

As President of LUYAA BoD, I like to begin by hoping that each and every LUYAA family had a safe and Happy New Year. Our 2005 season was a delightful one, with many successes both on and off the field to reflect upon.

Our LUYAA volunteers continue to bring out the best in our organization. Dozens of new parent volunteers participated in our program throughout 2005 and dedicated many hours of time to work concessions, line fields, sell apparel and countless other fund-raising activities. Your support is essential to the continued success of the LUYAA organization. Our children are truly blessed by the support of its dedicated parents. I am proud of each and every parents efforts to assist LUYAA in meeting its goals and objectives for each new season!

Another highlight of 2005 LUYAA was the collaboration and genuine teamwork amongst the various BoD members, sports commissioners and coaches. BoD members, sports commissioners and coaches set a new standard for working together, sharing ideas for improving our program and doing so with positive, professional conduct. I have personally seen dozens of examples where this level of cooperation and team commitment have led to

numerous new ideas for improving our program. I am very proud of your efforts and wish to recognize all of you for your support and enthusiasm. A special warm welcome goes out to our new Board Members, Todd Ellis and Ken Michaels. The BoD would also like to thank Sue Veres, she did an outstanding job on serving as our past Registrar and Board of Director. She will now be taking the Minutes at the BoD meetings.

On behalf of the LUYAA Board of Directors, our members and foremost the youth of our community, I would like to thank Craig Beutelspacher our past Web Master for his support. After many years of service Craig has decided to retire. He has dedicated much of his time to our organization, held positions as Registrar, Web Master and volunteered to help with many of the sports programs. Craig will especially be missed by me and the LUYAA Board of Directors. We wish Craig and his family well and offer our sincerest appreciation for all he has done for the entire LUYAA community.

Filling those big shoes of Web Master is John Stalnaker. He, his wife Becky and their children live in New Market. John has over 22 years of professional IT experience in the areas of network administration and troubleshooting, primarily in

LUYAA Refund Policy

All refunds will be directed through the LUYAA webpage, www.luyaa.org. In the event that Internet access is unavailable, please contact the registrar.

No refunds will be given after the completion of the second week of practice.

A \$10 Administrative fee will be imposed on all refunds. (*)

Late fees and annual membership dues will not be refunded.

(*) Unless a child does not make a select or travel team and no intramural team is available in the same sport, or if the sport is full at the time of payment or cancelled for lack of enrollment.

LUYAA Late Registration Policy

A registration is considered to be “late” if not turned in at the official LUYAA Registration or if not paid for online by the close of online registration.

All late registrations will be subject to a \$25 late fee. \$10 of the late fee will be deposited into the LUYAA Land Fund.

Directions for registering late can be found on the LUYAA webpage at www.luyaa.org. In the event that Internet access is unavailable, please contact the registrar.

Registration is not complete until full payment is received.

LUYAA Bylaw Article II—Purpose

2.01—To organize and promote athletic and recreational programs on intramural and competitive levels on the basis of good sportsmanship and fair play; these standards are to be observed at all times.

2.02—To offer those programs to all interested youth in the Liganore and Urbana High School districts; any exceptions to be made at the discretion of the Board of Directors.

2.03—To teach youngsters, through participation, the fundamentals and principles of sports.

2.04—To take into consideration, first and foremost, the health, welfare and ability of each individual participant.

a consulting environment. We are fortunate to have such a knowledgeable volunteer.

LUYAA BoD has completed implementation of a Background Check System. All coaches, assistants and Officers are required to have completed and approved background checks. This goes towards assuring the safety of our children.

So, let's keep up the momentum for our 2006 season. I look forward to working with all of our many volunteers to continue our efforts to make LUYAA the finest sports program in the area.

Sincerely,

Ginny Michaels
LUYAA President

Advertise in the LUYAA Newsletter

The LUYAA Newsletter is distributed three times a year to families in the Liganore & Urbana High School area that have participated or expressed interest in our programs. It is also distributed electronically via email and our website.

Current Advertising Rates:

1/6 Page 2.33"W x 5"H	\$50
1/6 Page 5"W x 2.33W	\$50
1/12 Page 2.33"W x 2.5"H	\$30

If you would like to advertise in our next issue, please email bizmgr@luyaa.org for a current rate sheet. Or call 301-591-2402.

Chain of Command

- Your Immediate Coach
- Activity's Commissioner-Coordinator
- Athletic Director
- LUYAA Board of Directors

Please try to resolve any problems through the chain of command. Please contact the athletic director before contacting members of the board. If there is a problem in following the above chain of command, the LUYAA Board of Directors has an open door policy; call any director or attend any board meeting.

Sport Commissioners

Athletic Dir. (Fall)	Open	
Athletic Dir. (Winter)	Open	
Athletic Dir. (Spring)	Open	
Baseball	Kevin Glassic	(301)607-6438
Basketball	Dave Sowers	(301)831-3824
Cheerleading	Terri Schurg	(301)865-1329
Field Hockey	Sue Lake	(301)831-3065
Football	Sandy Baker	(301)607-9668
Golf	Rich Tischler	(301)829-3073
Lacrosse	Stan Aldridge	(301)831-3579
Pom Pons	Suzanne Patton	
Soccer	Bob Locicero	(301)662-5525
Softball	Lon Santis	(301)865-7238
Wrestling	Ken Wolfe	(866)216-1448

New Board of Education Fee

As you may have read in the local newspapers, the Frederick County School Board voted to start charging athletic associations such as LUYAA for using the fields at our schools. Those charges went into effect on July 1, 2005.

At the LUYAA Board meeting on December 1, 2005, the Board of Directors was forced to implement a "BOE FEE" starting with the next registration in order to pay for these new fees. This will result in a \$10 Fee for each child, on each registration, starting in the Spring.

Those parents who object to the new fee from FCPS will have the opportunity to sign a petition at registration, which will request the FCPS Board of Education to revoke this policy.

The petition will also be available to print on our website, so that parents who register online will have the opportunity to participate.

Treasurer's Report

It's hard to believe that another year has gone by...

Online registration is going much better, and with a lot more participation. In-person registration will still be offered at New Market Middle School. Anyone interested in helping out can contact me at treasurer@luyaa.org.

Thanks to everyone who provides us with positive feedback regarding online registration, quick refunds, quick responses to questions, and coaches background checks. We value everyone's opinions.

I hope everyone has had a positive winter experience, and will have success in the spring!

As of November 30, 2005, the bank balances are as follows:

Checking/Savings

BB&T Checking	13,787.05
BB&T Land Fund	32,660.16
BB&T Reserve Fund	25,848.70
Capital One 12 Mo. CD	35,000.00
Countrywide 6 Mo. CD*	35,000.00
Countrywide 9 Mo. CD*	35,000.00
Merchant Acct	500.87
Petty Cash	6.71
Suntrust Money Market	65,825.66
Suntrust Savings Savings	11,079.00

*To be converted to 12 Month at renewal
All CD's are dedicated to the land fund.

Julie Jarboe

Returned Check Policy

Checks that are returned by the bank will be automatically processed electronically. In order to write checks to LUYAA the following must be agreed to:

If my check is returned unpaid, I authorize my account to be debited electronically for both the check amount and return check fees.

REGISTRATION TIPS & INSTRUCTIONS

1. Go to our website (www.luyaa.org)and add your email address on the webmaster 's master list. Doing this will get you the registration dates as soon as they are set up, and any updates, changes or any other important information.
2. Check the website often. It has about anything you would want to know on it plus it contains contact information for the different sports. Please start here to see if your answer is on the site.
3. Read your newsletter. It lists the upcoming registration dates and sports. It may also have info on upcoming sports. The newsletter is also available online.
4. If you have an outstanding balance (including returned checks) with LUYAA it needs to be cleared up before you can register for the upcoming season.
5. The Annual Membership Fee of \$15 is collected once a year. It starts at the January registration. If you don't register for a sport that season, you will pay your fee at your first registration of the year. Your membership is good for January thru December of that year. The fee is used for rental of the school for registration and BOD meetings, printing and distribution of newsletters, flyers and other administrative needs. Also, \$5 from each membership goes into the land fund.

Things to remember when using the online registration:

LUYAA is using an outside vendor for our online registration system. All data on that site is the property of LUYAA and you will not receive unwanted emails from that vendor, and they are not allowed to sell our data to other companies.

Unless you have NEVER played a sport with LUYAA before, you are already in the database.

IMPORTANT: If you don't know your password, please click on the link that says, "If you think you have a password but can't remember it click here". Your user name and password will be emailed to you. Trying to add your family again will only cause problems.

If you can't obtain a password or if you have difficulty adding children or registering, please contact the tech support number listed on the website. They will be able to take care of the problem right away.

Some sports will close due to high enrollment. If a sport has closed, it will not be listed.

Some sports will take a waiting list. If your child is placed on a waiting list you will be notified if and when an opening comes available.

During walk-in registration dates:

Online registration may be shut off during walk-in registration and for a day or two afterward until we get everything entered so the commissioners can check their numbers.

To Register at the School

1. Check the registration dates on the back of this newsletter. If school is cancelled or closes early due to weather we will not be allowed to use the school for registration that night. Updates on cancelled or postponed registrations will be posted on the website and the registration hotline as soon as possible. There should be someone for each sport there and they often give out information for the upcoming sport and may have other things that need to be taken care of such as equipment, sizing, purchasing, or paperwork to be filled out.

2. At registration you must fill out a form for each child for each sport. If you have a question about the sport, go to that table and talk to them before you get in the registration line. Don't write out your check amount until you are told the total that you owe. Please try to sign-up all your children at one time. It makes it easier to apply the multiple sibling discounts.

To Register Online

1. Go to our website at www.luyaa.org, where you will find a link for online registration. Online registration will not start until the first day of registration at the school.

2. Online registrations may be blacked out during the registration dates/times at the school. Also, there will be a period of a few days after the last registration and when late registration is turned on. This allows the registrar and other volunteers to enter all the data, so the sport commissioner's can make a decision whether or not to close a sport or level.

Baseball

Welcome to LUYAA Baseball 2006! The baseball committee has been hard at work preparing for the upcoming season. We are expanding registration options as well as building new fields and refurbishing older fields in an effort to keep up with our growing baseball community. Please visit the Spring Baseball page at LUYAA.org for details about our programs for ages 5-16. Specific questions can be directed to baseball@luyaa.org or any of the committee members listed on the baseball page.



Kevin Glassic
LUYAA Baseball

Basketball

NEWS FLASH - FREE ADMISSION!!! –

Based on agreements with LHS and UHS – when accompanied by a paying adult, LUYAA participants

wearing their 2005-2006 intramural jersey will be granted free admission to all boys and girls basketball games



LUYAA Basketball Continues to Grow!!

As in 2005, this season in LUYAA basketball we have experienced a continued growth in our program, and we hope everyone is as excited

as the basketball board about the tremendous interest. Including the school travel teams, we have over 110 teams in LUYAA this year with each team carrying a minimum 10 players and in some cases more than 10 players. This growth has been made possible by the time spent by the basketball board and specifically the league coordinators. Please join me in thanking the following individuals who have helped coordinate the various leagues.

1st & 2nd grade co-ed – Bruce Beveridge
3rd & 4th grade boys - - Rich Stein
3rd & 4th grade girls - Charleen Rudeau
5th & 6th grade boys Harry Hall
5th & 6th grade girls - Bruce Baumgarten
7th & 8th grade boys – Fred Casper
7th & 8th grade girls – Todd Davis
Special thanks to all our "seasoned" coordinators who have agreed to take on a second year of coordination and also to our "Rookie" intramural coordinators Fred Casper, Rich Stein, and Todd Davis. Also, thanks need to go out to Pat Gwinn, Gary Lane, Jim Kelly and Rob Carpenter for their effort and contributions to the Windsor Knolls, New Market and Oakdale travel programs respectively. Please be sure to thank all these people when you see them or have the chance to meet them. A simple thank you makes up for many of the tiring and unpleasant tasks these people must endure during the season.

Thanks also to the many coaches and referees this year. I applaud the coaches and parents alike, as it seems to be much calmer this year. Please be sure to thank Alex Utt, Harry Hall, Dr. Lori Andochick and Mary Lou Norris when you see them. Alex is the intramural coordinator and Harry, Lori, and Mary Lou as his assistants. Valerie Stevens has left the intramural program and her

help and support will be missed. Lori has assumed the responsibility for sponsors and trophies. Mary Lou has assumed the responsibility for coordinating all pictures. We are very fortunate to have them and thank you for all that you guys do!! We are again providing the intramural children reversible jerseys this year. The boys will be wearing navy and white, while the girls will be red and white. We would like to continue to receive feedback regarding the jerseys. So far, the feedback has been extremely positive, and we hope all the children enjoy their new uniforms. Please let us know if you like these new jerseys when filling out your program evaluation form at the end of the year. We appreciate the feedback and will consider any suggestions or ideas you may have for next year's program.

LUYAA Basketball Raffle

The drawing for the basketball raffle is currently scheduled in January, 2006 at the Langanore vs. Urbana high school basketball game. Thanks to everyone who sold, distributed and collected tickets and again made this a successful LUYAA fund raiser. We were able to cover all of our expenses this year due to the increase in the raffle which included the new rims at several of the schools. We are looking to add wall mats at Kemptown. So, thanks again for everyone's participation.

LUYAA Basketball Facilities

This year, as every year, LUYAA uses the local elementary, middle and high schools for our travel and intramural programs. As guests in these facilities, LUYAA basketball must do the following to ensure we are permitted to continue using these facilities. Specifically:

- Children must be supervised at all

times during practices and games.

- All trash must be picked up at the completion of practices and games.
- Where specified, no food and drinks in the gyms.
- Posters and wall-hangings must not be moved or damaged.
- Baskets must be put at the proper height at the end of each night.

As always, please be sure to remember that the buildings and custodians are to be treated with respect. Our use of the facilities depends on our ability to meet the expectations of the schools and we will lose use of the facilities if children are not supervised and gym rules are not followed. **WE NEED YOUR HELP!!!**

LHS Boys and UHS Girls Summer League

The boys' summer league at Linganore High School is for current 5th thru 8th grade boys. Games will start by the end of April/early May 2006. The cost is \$55 and there is a 9-game or 10 game schedule. All games are played at Linganore High (Boys) and Urbana High School (Girls) on Sundays, times vary. Please note that the girl's summer league registration will now occur at this upcoming Spring Sports Registration and not at the traditional Fall Sports Registration held in May.

Summer Hoops

The high school summer camp information for local high schools will be given to all players later in the season. You may call the following coaches for early information if needed:

Linganore: Coach McGaha and Coach Mathews (240-236-7800)
 Urbana: Coach Chueng (301-537-2510) and Coach Krivos (240-236-7600)

As usual, I encourage anyone interested in contributing his or her talents to the basketball program to please let us know. Please contact me (Dave Sowers) on my home number at 301-831-3824 or Alex Utt at 301-865-8648 to discuss your interest. Thanks again and have a great season.

Dave Sowers

Cheerleading

My name is Terri Schurg and I will be the new Cheerleading Commissioner for LUYAA. I am really looking forward to this great opportunity to work with the girls and the coaches! My family just moved to New Market in April from Williamsburg, VA. While in Williamsburg I coached sideline cheerleading for the Williamsburg



Youth Football League for many years before becoming commissioner for that league. I also coached competitive cheerleading for about 4 years. I look forward to bringing some fresh ideas with me as well as building on the program that is currently in place.

I am off to a running start with the basketball program. The clinic for grades 1-4 has been set to start on January 14, 2006 from 8:00 a.m. to 11:30 a.m. at Gold's Gym for those girls who have already registered. The dates will be January 14, February 11, March 11 and March 25. What a great program we have lined up!! We are so fortunate to have the Gold's Gym location along with a top gymnast who will be teaching the girls strength training, tumbling and fitness! We will also have high school cheerleaders from Linganore and Urbana teaching the girls chants, cheers and a dance. Please pack a healthy snack and a drink! Also, the girls need to wear a t-shirt, shorts (no zippers, snaps, etc) and tennis shoes.

Thanks to Henrietta Fike, Janet Ingram and Cheryl Huffman for getting the JV and Varsity cheerleading off to a great start! I couldn't have done it without them! Thanks for all your help and support!!

Fall Cheerleading will be right around the corner and I would like to start thinking about coordinators and coaches. If you are interested in being a coordinator or a coach for Linganore or Urbana please send me an email (tschurg@adelphia.net).

Please watch the website for updates and information. I am looking forward to working with the LUYAA organization! If you have any questions or concerns please do not hesitate to contact me.

Terri Schurg
 Cheerleading Commissioner

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Field Hockey

Spring is just around the corner, and it's time to sign-up for Field Hockey.

Again this year girls grades 3-8 are eligible to learn and play the game. All skill levels, from beginners to advanced are encouraged to join us. All we ask is that you bring a positive attitude and the ability to have fun while learning a great sport.



Returning players know, the coaching staff has changed, however the enthusiasm to keep the sport going has not. The new staff owes much gratitude to the coaches that are retiring especially Karen Henson. We thank them for leading the way. Our new coaches are Sue Lake, Joan O'Connell, Stacie Doherty and Monica Keeney-Sherlock. Stop in during spring registration to meet us and we will answer any questions you have regarding the program.

Every year, our participants have increased, and we want to continue that trend!! High school players will be helping us teach the participants from the Urbana and Linganore High Schools. They are under the direction of the adult coaches and a wonderful asset to the girls with their enthusiasm for the sport. All girls play, learn and participate in all aspects of the program including learning skills, skill building, scrimmaging for fun and games with local youth athletic programs.

Come and join us for a fun-filled spring!!!

Stacie Doherty, Sue Lake, Joan O'Connell, Monica Keeney-Sherlock

Football

CONGRATULATIONS to our four 2005 Super Bowl Winners: I70 U-13 Lancers Team, Head Coach Rich Long, CCFL A level Varsity Lancer,



Team, Head Coach Boh Dixon, CCFL B+ level Hawks Team, Head Coach Mike Major and the CCFL D level Hawks Team, Head Coach Joe Connor! This year in the CCFL Division LUYAA WON 3 out of 5 Super Bowls! And in the I70 Super Bowl LUYAA had 3 out of 4 teams playing! All the teams did great and we are so proud of them!

Also we had two other LUYAA teams make it to the Super Bowl and they were I70 U-13 Hawks Team, Head Coach Dave Maderas (who played against Rich Long's team in the Super Bowl) and the I70 U-11 Lancers Team, Head Coach Al Thompson (who lost to Winfield in a close game). Our LUYAA football program had an awesome year because we had a lot of other teams make it to the second round of the playoffs also! All 23 football teams did a great job this year, thanks to the coaches and players.

As I'm sure everyone is already aware, I have retired as the LUYAA Football Commissioner. I'd like to thank everyone for all their support and help they've given me these past 2 years as Commissioner, because I couldn't have done it without you! I have really enjoyed working with all of you and getting to know so many people in the LUYAA organization.

Also as probably all of you know by now, John Marciniak has retired as Linganore's Area Director. John has been the Area Director for the past 3 years and has done an awesome job! He has put in countless hours of his time and worked really hard with all the players, coaches and teams (and with me as well). Good luck in high school football John, we all will miss you.

But we are leaving you in good hands with Sandy Baker who has been elected as the new Football Commissioner for LUYAA. Sandy Baker has been involved in the LUYAA football program for many years and just this past year she was the I70 Assistant Area Director for Urbana, Team Mom Coordinator for Urbana, Head of Concessions for I70 and Team Mom for the I70 U-13 Hawks Team and is a member of the Board of Directors for LUYAA.



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So as you can see, she has been very involved in our football program. Congratulations Sandy and Good Luck! I'm sure you are going to pick up right where we left off and have a great football season next year!

Thanks to all the Area Directors, Coaches, Team Moms, Volunteers, Parents & Players for an awesome football season and so many memories I will never forget! You're the best!

Kim Narvesen

Golf

The Spring 2006 Instructional Golf Program will be open to boys who are 11-18 years of age and to girls who are 9-18 years of age, as of April 1, 2006. The cost of the Program will be \$100. We meet from mid-April to mid-June one afternoon per week (most likely Wednesday) from 5pm-7pm at Rattlewood Golf Course in Mt. Airy. We will again offer two levels of instruction: (1) Instruction in Basic/Intermediate Skills and (2) Instruction in Competition. However, in 2006, I will conduct skills tryouts for kids who want to



participate in the Competition program. Parents will not have the opportunity to merely register for Competition.

PLEASE NOTE: Golf fills up early and I suggest strongly that you sign up as soon as registration opens. Once the limit has been reached, a waiting list will be started. Should spots come open, they will be filled from the waiting list first-come-first-served. Participants from last season will not receive special consideration. Finally, please do not register your child if he or she cannot attend a significant majority of the sessions; I don't want to withhold a spot from a more committed player.

Basic/Intermediate Skills Instruction will be for those players who are new to the game or have some experience but need more practice to prepare them to go on the course. The goal of this level will be to increase the player's skills and confidence to enable them to play without supervision. All players will have a chance to play the course; the professionals will determine when they are qualified to move from the practice range to the course. The Instruction in Competition level will be for those players with advanced skills who are interested in learning how to compete at golf. We will cover different competition formats (e.g., stroke play, match play), rules of competition,

preparing for competition, managing your game, etiquette, and sportsmanship. I will take up to 12 players in Competition based on the skills tryouts. Please note that both levels of the Program are Instructional—we intend for this to be primarily a learning environment, and not merely an opportunity to play recreational golf.

EQUIPMENT—Your son or daughter will need his or her own equipment. At a minimum that should include a metal wood (driver or fairway), mid-iron (5-, 6-, or 7-iron), wedge, putter, and bag. Most starter sets include these clubs. Starter sets vary in price, but reasonably inexpensive sets can be purchased at general sporting goods stores like Sports Authority or Dick's; in addition, the Rattlewood pros can help you fit your child for clubs and will order them for you. Sneakers are fine and golf shoes with plastic cleats are also OK. The weather is likely to be quite variable in April and May, so be sure your child has a jacket and hat/visor. You may want to consider getting your child a golf glove as we will be spending significant time practicing the full swing, but it is not mandatory. Your child should have some tees and a few golf balls at first. We have been able the last two seasons to get balls printed with the child's name on them and I anticipate being able to do that again this year. I am also confident that we can obtain sponsorship for golf shirts again this year.

If you have any questions prior to registration, please feel free to e-mail or call. Finally, as more kids move onto the course, we will need parent chaperones; if you are interested, please let me know. I look forward to another successful Program!

Rich Tischler
Golf Commissioner/Coach
301-829-3073
rtisch@adelphia.net

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Lacrosse

First, I would like to acknowledge Tex Welch, past LAX Commissioner, for his tireless efforts to improve and expand the LUYAA Lacrosse program. I'm just keeping his seat warm for when he returns from his overseas assignment.



I would like to thank Heather Erdman, Urbana Boys LAX Coordinator, and Rick Gaudino, Liganore Boys LAX Coordinator, for their continuing efforts, and our newest volunteer – Jaine Ackley, who has stepped up to be the Coordinator for the LUYAA girls' program. Jaine is focusing her efforts on the upcoming Spring season.

A big thanks to the volunteers who provided instruction during the Fall LAX clinic – Robin Abel and Kim Lenta for the girls, and Rick Gaudino, Wally Walburn, Greg Adams, and Matt Adams for the boys. In addition, there were several High School students that provided assistance, Thank You All.

The indoor program is at the halfway point at the time of this writing and going well with 1 MS girls team, 1 ES boys team, and 6 MS boys teams.

The Spring season is coming up soon and there will be a change in venue. See the LUYAA web site and pick up information that will be distributed during Spring sport registration.

March is just around the corner and LAX is in the air! See you then.

Stan Aldridge,
LUYAA LAX Commissioner

www.luyaa.org

Poms

Article not submitted. If you have any questions please feel free to contact:

Suzanne Patton
301-865-1567



Soccer

This past fall was an amazing season for LUYAA Soccer.

The program once again experienced incredible successes and surged in popularity like never before.

939 children participated in soccer this fall, 163 more than in the spring of 2005. Part of that increase was caused by our first season of Soccer Tots. The Academy played host to 113 three and four year olds in its initial season of play. The program was coordinated by Dan Riddle and he was helped by Melanie Robinson and Charlie Moore.

LUYAA Soccer received a major dose of assistance from the Liganore High School girls soccer team and their coaches, Jim Ringer and Bob Bofinger. Coach Ringer and 17 of his varsity players and three of his junior varsity players helped nearly every Saturday morning in September and October. We are very appreciative of their assistance and also of the more than 20 parent volunteers who helped to make the program run so smoothly. We will once again host a soccer tots academy this spring. Your child can participate as long as he or she has reached the age of three but is no older than four on April first.



Our 4v4 program fielded 18 teams consisting of 206 five and six year olds this fall. Dan Riddle also coordinated the 4v4 program. Dan is stepping down as the coordinator of our Under 7 programs and he'll be succeeded by Melanie Robinson. We all thank Dan for his time spent volunteering as a coordinator and as a coach for LUYAA Soccer and we welcome Melanie to her new position. We are always in need of parent volunteers for the 4v4 program, so named because the games on Saturdays are short sided games featuring teams made up of four children per team. You don't need to have experience, we'll train you and set you up with all of the equipment you'll need.

Our Instructional program consisted of 190 children in the U8 and U10 age bracket. Instructional Soccer this season was coordinated by Brent Cooley who has stepped down after a year and a half. Brent, among other things, began the Instructional post season tournament for the U10 age group, a big success. Coach Cooley's team won it this fall season, indeed a great way to go out. Brent, who will remain with LUYAA Soccer in an advisory capacity and as our Soccer accountant, will be succeeded by Tom Troutman and Kevin Brookes.

Our competitive, or travel program as it used to be called, fielded 32 teams and 430 children aged U8 through U14 this fall. These children participate in both the Frederick County Youth Soccer League and also in Club leagues such as MSI and BBSL. Congratulations to all of the players and volunteer coaches who worked so hard this past fall. I'd also like to give some recognition to several of those players and coaches who had outstanding seasons:

Our U14 girls BBSL (Baltimore Beltway Soccer League) team, coach by Paul Riley, went 10-0-2 overall this fall in their first season of club ball. They took first place in BBSL Division B and then won the championship of the Waynesboro Fall Finale U14 Elite Tournament in Pennsylvania. The girls received their first place BBSL trophy at a Baltimore Blast professional indoor soccer team match at the First Mariner Arena in Baltimore. Eight of the girls and their coach have been selected to participate in the BBSL All Star game. As a result of their hard work the team has been promoted to Division A for the spring season.

Our U13 boys club team coached by John Gardner was promoted to MSI (Montgomery Soccer Inc.) Division One this past fall and finished one point shy of second place. The boys took first place in the Potomac Division of the Congressional Cup Tournament, sweeping six straight games in the process and completed their stellar season with a mark of 11-2-1.

Both Coach Riley's team and Coach Gardner's team are comprised entirely of LUYAA boys and girls soccer players who've come up through the LUYAA Soccer system and have worked very hard to improve their game. As we continue to develop players we hope to have more opportunities for them to play against club level competition.

Our FCYSL (Frederick County Youth Soccer League) teams also had a great year. Vince Holohan's U14 division 2 girls team had an undefeated regular season then won the FCYSL Fall Tournament and finished 12-0-1 with only one goal allowed all season!

John Cunha's U12 girls were finalists in the U12 Division 2 Fall FCYSL Tournament. Kevin Contardi's U10

girls were finalists in the U10 Division 2 Fall FCYSL Tournament and had an undefeated regular season.

Our U8 coed league claimed a first place when Dan Riddle's U8s finished without a loss and gained a first place tie in U8 Division 27. Marshall Tarzy's U8s ended their season as finalists in the Mt. Airy Fall U8 Division One Tournament, making it all the way to final minute of overtime.

On our boys side, Walter Maier's U10s had a perfect 8-0-0 regular season to finish first in Division 245 and finished 13-1 overall. Daren Olsen's U10's finished in a tie for first place in Division 26 and Bob LoCicero's U10s finished as finalists in the U10 Division 3 Fall FCYSL Tournament, taking it to the final penalty kick in the process.

In U12 Bob LoCicero's Division One team finished in a first place tie in the division and then won the U12 Division One Fall FCYSL Tournament. As the spring season approaches we will also have a new coordinator on our girls competitive side as Paul Riley has stepped down and John Cunha has assumed the coordinator position. Paul will stay with LUYAA Soccer as a coach and will continue to work with us as an assistant to the Commissioner. We thank Paul for his many hours spent improving our girls program and we welcome John in his new role.

We expect another huge season this spring and we'll need your help to pull it off. We need volunteers from coaches on down. We'll provide the education and training, you provide a few hours of your time. We are looking forward to another fun outing with our spring golf tournament. We raised \$7000 from this last year. Please call our soccer hotline at 301-662-5525, option six, or email me at

rlocicero@aol.com if you can help with soccer or with our golf tournament. Let's have a great spring season and as always, be an example for your child by always exhibiting excellent sportsmanship.

Softball

We hope you are ready to come out and enjoy the fun and excitement of LUYAA girls' softball this Spring. LUYAA is proud to offer the only intramural girls' softball program in Frederick County and also fields teams in the Frederick County Girls' Softball League (FCGSL). In 2006, we plan to continue to improve the program in several areas.



The success of our program depends on the dedication of volunteers. Many thanks go to all the volunteers, coaches, and especially the Softball Committee. Since it takes the contributions of many to make a successful program, we are always seeking volunteers for participation in the softball committee and for coaching. Please contact me using the information below when you decide you are ready to help out the program.

Check the softball webpage through the winter and the season for information about clinics, schedules, standings, and other timely and helpful information. The mission of LUYAA's Intramural Girls' Softball program is to provide for the continuing development of softball skills for young female athletes. Although

competition increases as girls move up the program, the emphasis is always on having fun, learning teamwork, and increasing skill sets.

The program is changing the age brackets this year to be consistent with traditional groupings and have more even talent groupings. This year, there will be three intramural divisions; ages 8 and under, ages 10 and under, and ages 12 and under. Girls pitch in the 10U and 12U divisions, while in the 8U division machine pitching is used. Girls ages 14 and under will play in the FCGSL. All intramural and FCGSL home games are played at Windsor Knolls Middle School (WKMS) and practices will be there or at several other local fields.

Practices will start as soon as the weather allows in March and the season begins in mid April. The regular season and playoffs end before the last day of school in Frederick County. In a new offering this year, we hope to field teams in each age group of the FCGSL extended season thus giving those players wanting it another 6 weeks of softball. Intramural practices and games are typically about two hours in length, usually once or twice during the week and once on Saturday. Weekday practices and games are held from 6:00 PM to 8:00 PM. Saturday practices and games are held throughout the day.

At the 8U level, athletes learn the most basic fundamentals of softball. There is no scorekeeping although making outs while fielding is encouraged. At the 10U level, athletes are introduced the skills expected at the highest level and these skills are

honed at the 12U level. Games are umpired and score is kept.

At the 14U level, athletes are reinforcing functional skills and learning the nuances of the game. Although still learning a lot, athletes essentially compete at a level consistent with what they will see if they continue playing organized softball, giving them a hint of what they will see at the high school level. Practices are typically about two hours in length, one or two days per week. Away games are played throughout Frederick County.

Team sports such as softball teach lessons not found in books, TV, or video games that can be applied throughout life to enhance one's mental and physical wellness. I

promise that the 2006 LUYAA girls' softball program will strive to achieve this, above all, for each participant.

Lon Santis
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Ldsantis@ime.org

Wrestling

Article not submitted. If you have any questions please feel free to contact:

Ken Wolfe
866-216-1448



Food Lion Fundraiser

Food Lion will make a donation every time you shop!

It's time to re-link your Food Lion Card to LUYAA

Food Lion has changed their rules and we must have a minimum number of participants linked to our organization to participate.

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REGISTRATION

LUYAA
PO Box 302
New Market MD 21774

Non-profit
Organization
Auto
US Postage Paid
New Market MD
Permit #31

LOCATION DATES & TIMES NEW MARKET MIDDLE SCHOOL CAFETORIUM

Saturday, Jan 28, 2006
9:00 A.M. to 12:45 P.M.

Tuesday, Jan 31, 2006
7:00 P.M. to 8:45 P.M.

Saturday, Feb 4, 2006
9:00 A.M. to 12:45 P.M.



Online Registration
Opens January 23, 2006

www.luyaa.org



LUYAA

WINTER

REGISTRATION

Baseball	T-ball Machine Pitch Instructional (Coach Pitch) Recreational Recreational Travel Baseball - Please visit our website for more details.	Ages 5-6 Ages 7-8 Ages 9-10 Ages 9-10, 11-12 Ages 13-14, 15-16 \$125/Child	\$50/Child \$65/Child \$75/Child \$85/Child
Lacrosse	Boys & Girls Boys & Girls	U9 U11, U13, U15	\$75/Child \$90/Child
Softball	Machine pitch Intramural Intramural Fred. Co. League	Ages 6-8 Ages 10 & Under Ages 12 & Under Ages 14 & Under	\$60/Child \$65/Child \$65/Child \$80/Child
Golf	Instructional Boys Instructional Girls	Ages 11-18 Ages 9-18	\$100/Child \$100/Child
Soccer	Soccer Tots 4V4 Instructional Competitive Girls Competitive Boys/Co-ed	Ages 3-4 Ages 5-6 Ages 6-10 Ages 6-19 Ages 6-19	\$50/Child \$55/Child \$65/Child \$70/Child \$70/Child
Girls Field Hockey	Grades 3-8	\$40/Child	
Summer Basketball	Boys Girls	Grades 5-6, 7-8 Grades 5-6, 7-8	\$55/Child \$55/Child

(240)331-9184 - Registration Hotline

Family Membership - \$15 PER YEAR BOEFEE - \$10 PER CHILD/PER REGISTRATION

Sport fee discounts: 3rd Child - \$15, 4th child or more - free
Late registration - ADD \$25/Child/Sport - \$10 Transfer fee for Changing Sports
Late registrations in effect Feb 4, 2006 at 12:46 p.m.

