



'07 LUYAA Wrestling

Thank you for expressing interest in joining the LUYAA Wrestling family. Prior to signing on the dotted line, we would like to inform you of what you are committing your child *and* yourself to.

We are a small organization with a approximately 95 wrestlers, therefore, everyone must contribute to ensure a successful and fun filled season for our children. There will be a volunteer/singlet deposit in the form of a \$50 undated check to be returned if the family volunteers for the minimum amount of time required per family and the singlet is returned at the end of the season. The amount of volunteer time required is dependent on the total number of wrestlers. Volunteer time may include moving and setting up mats, concession help, table help at home matches or tournaments (we are hosting a Christmas Tournament this year) and there are various other activities requiring volunteers. All families will be required to participate in the volunteer program and return their singlet or donate their \$50 deposit. Wrestling requires a lot of volunteer help in order to make each event and the season successful. The parents did a GREAT job in 2007 and I expect no less this year. There will be a volunteer schedule made out by the volunteer coordinator.

In addition to the normal LUYAA registration fee you will be required to purchase wrestling sweats (approx. \$35-\$45) from LUYAA wrestling and wrestling shoes (\$30+) and headgear (\$20+) from a sporting goods store of your choice. Some wrestling shoes are available from our shoe bank. LUYAA wrestling will provide a wrestling singlet and T-shirt. Your wrestler will be awarded a wrestling jacket at the end of the year if they complete the wrestling season.

We will be holding a **parents only** meeting at the New Market Middle School cafeteria late October or early November to welcome you, introduce you to the coaching staff, explain the volunteer program, share our wrestling philosophy and provide any other information that you may require. Our regular season matches are scheduled on Saturday's but may change to some Sunday's because of unforeseen events (i.e. weather, scheduling conflicts with the High Schools etc.) On days of a match be prepared to spend up to 6 hours with your child and the wrestling family. Home matches require setting up and taking down of mats and equipment, table help, concession help, and clean up, and away matches require travel time (up to an hour each way) plus the 3 to 4 hours of wrestling time. All wrestlers will wrestle.

Our wrestling practices will start in mid-November. We will practice no more than 3 times per week, usually Tuesday, Wednesday and Thursday evenings, 2 hours each night. Some of the youngest wrestlers will only practice 2 times per week typically at Linganore and Urbana High School wrestling rooms. I will hand out a practice schedule when I know the dates we can get in the High Schools. Depending on the size of the team, it will be necessary to split into two or three squads This will allow for more individualized attention as well as for the safety of the children (the wrestling rooms are relatively small, splitting the practices to approximately 30 wrestlers per practice will provide ample space.)

What I had hoped to accomplish with this letter is to make sure everyone is informed of what to expect from our program and what our program expects from you. Please do not hesitate to call me if you have any questions (Cell: 240 405 5671).

PLEASE SEE THE BACK FOR TOURNAMENT/LUYAA ELITE SQUAD INFORMATION

Thank You,
Ken Wolfe
Wrestling Commissioner

“There is no secret to success. It is the result of preparation, hard work, and learning from failure”

TOURNAMENT/LUYAA ELITE SQUAD INFORMATION

Our team will be split this year. We will enter the LUYAA ELITE Team in the Capitol Area Wrestling League (CAWL) and the remainder of the squad in the Mason Dixon League. The format of the CAWL matches is the same as High School wrestling. There will be 1 wrestler per weight class and they will wrestle for team points. There are some age limitations for the lower weights. There will be elimination bouts to wrestle on the LUYAA Elite team. It is likely that the wrestlers on this team will have limited participation or no participation in the Mason Dixon League. Our focus will be on tournaments and the CAWL. This is a no nonsense squad. We will take our practices and matches very seriously and prepare these young wrestlers for High School wrestling. This squad is for the experienced wrestler. Our goals will be to be competitive in the CAWL and for each wrestler to win a Maryland Youth Wrestling State Championship. We will wrestle in both dual meet tournaments and individual title tournaments, the ultimate being the Maryland Youth State Championships. The time commitment for both wrestlers and parents will be significant. The cost will be approximately \$12-\$15 per tournament. This is a tremendous opportunity to introduce young wrestlers to the High School wrestling experience.

The tournament Squad will typically practice 3 times per week, Tues, Wed, and Thurs. at Gold's Gym LUYAA wrestling will pay the entry fee for 3 team tournaments. Unless we can get significant Sponsorship, which we are trying to obtain, parents will have to pay for entry fees to tournaments. The typical entry fee is \$12 to \$20. The Maryland Youth State Championships also require a USA Wrestling card. This card cost \$25.00.

I will have a "Tournament Squad" information meeting in October or early November for all the tournament wrestler's parents. We will discuss the goals and what tournaments we want to attend. Please email me at ken.wolfe@md.usda.gov or call me at 240 405 5671 for any additional information or any questions you may have.