



5-a-side Challenge

Rules and Regulations

Dates:

Saturday, June 12, 2010 – U10 Girls Premier and Classic Divisions.

Sunday, June 13, 2010 – U10 Boys, U12 Boys, U14 Boys - High School Boys
Premier and Classic Divisions.

U12 Girls, U14 Girls and High School Girls Premier and Classic
Divisions.

Location:

Oakdale Middle School
9840 Old National Pike
Ijamsville, MD 21754

Registration:

The registration fee is \$140 per team. Registration deadline is June 2, 2010.

Age Groups / Division Formats:

The organizing committee reserves the rights to merge age groups if not enough teams register for each division.

PREMIER

(Teams playing in WAGS, NCSL, BBSL, CMSSL)

CLASSIC

(Teams playing in FCYSL or equivalent league)

Boys	Girls
U10	U10
U12	U12
U14	U14
High School Age (Must have a valid High School ID)	High School Age (Must have a valid High School ID)

Field of Play

1. The size of the playing field is approximately 65' wide x 120' long.
2. Out of bounds rules are enforced, however, kick-ins are utilized instead of throw-ins.
3. The Penalty Area is a box 20' x 40' and normal rules apply to this area.

The Ball

A regulation size 4 soccer ball will be used for U10-U12.

A regulation size 5 soccer ball will be used for U14-High School.

Number of Players

Each team on the field consists of 4 field players and a goalkeeper.

Team Rosters / Player Registration Forms

1. Team Rosters are limited to 12 players.
2. A team Registration Form and Roster Form must be submitted to the organizing committee prior to the tournament. A copy of your MSYSA roster is acceptable.
4. If the roster and registration forms are **NOT** submitted prior to the start of the competition then your team will forfeit your first match.
5. Three guest players will be permitted per team. Their names **MUST** be written on the team roster.

Duration of Game

The duration of games is 20 minutes. Each team will play at least 4 matches.

Substitutions

1. Substitution Method: Outdoor substitution rules apply at the referees consent.
2. All substitutions must take place at midfield.
3. Unlimited substitutions.

Players Equipment

1. All team jerseys must be of the same color and have numbers displayed on the back.
2. The goalkeeper shall wear colors that distinguish him/her from other field players and the referee.

Referees

1. A one man system will be utilized.
2. The referee will enforce the rules of the game as stated by FIFA.
Duties: Enforce the laws, apply the advantage rule, keep a record of all incidents before, during and after game, stop game when deemed necessary, caution or expel players guilty of misconduct, violent conduct or other ungentlemanly behavior, allow no others to enter the pitch, stop game to have injured players removed, signal for game to be restarted after every stoppage, decide that the ball meets with the stipulated requirements.
3. The referee may stop the game clock at his/her discretion.
4. The referee will keep the official time on the field.

Issuance of Red / Yellow Cards

Red Card:

If a player receives a red card he/she will have to sit out his/her team following match and the team will receive a **2 Minute** penalty. The team being assessed the 2 minute penalty will play a man short until the 2 minutes expire or a goal is scored by the opposing team.

Players shall be sent off (i.e., shown the red card) for:

- (a) serious foul play
- (b) violent conduct

- (c) foul or abusive language
- (d) second instance of cautionable offense (i.e., second yellow card)
- (e) intentionally impeding a clear goal opportunity (e.g. through a "professional foul")
- (f) intentionally impeding a clear goal opportunity in the penalty area by handling the ball

Direct free kicks (or penalty kicks) accompany the expulsion for (a), (b), (e) and (f); indirect free kicks, for (c) and (d) (from the top of the restraining arc when the infringement takes place in the penalty area).

Yellow Cards:

Players shall be cautioned (i.e., shown yellow card) when:

- a substituting player enters the pitch from an incorrect position or before the player he/she is substituting has entirely left the pitch.
- he/she persistently infringes the Laws of the Game.
- he/she shows dissent with any decision of the referee.
- he/she is guilty of ungentlemanly conduct

These 4 yellow-card offenses are punishable by an indirect free kick taken from the point of infringement (or from the top of the restraining arc when the infringement takes place in the penalty area).

Yellow Card Accumulation

If a player receives an accumulated three yellow cards during the first round of competition, he/she will **NOT** be permitted to play in their teams next match. If a player receives the third accumulated yellow card during the final first round match, the player will **NOT** be permitted to play in their team's first match in the single elimination round. All other yellow cards will **NOT** carry over into the next round. The accumulation of yellow cards will **NOT** continue during the single elimination rounds.

Fouls and Misconduct

2. A **Direct Free Kick** shall be awarded when a player intentionally commits any of the following 11 offenses (penalty kick awarded when infringement takes place in penalty area):

- kicking or attempting to kick an opponent
- tripping an opponent
- jumping at an opponent
- charging an opponent in a violent or dangerous manner
- charging an opponent from behind
- striking, attempting to strike, or spitting at an opponent
- holding an opponent
- pushing an opponent
- charging an opponent with shoulder (i.e., shoulder charge)
- sliding at an opponent (i.e., sliding tackle)
- handling the ball (except goalkeeper within his/her own penalty area)

3. A **Indirect Free Kick** shall be awarded when any of the following 8 offenses is committed (when an infringement takes place in the penalty area, the kick shall be taken from penalty area line at the place nearest to where the infringement occurred):

- dangerous play (e.g. attempting to kick ball held by goalkeeper)
- obstruction
- charging the goalkeeper in the penalty area (i.e., goalkeeper charge)
- goalkeeper picks up or touches with his/her hands a backpass
- goalkeeper picks up or touches with his/her hands a kick-in from a teammate
- goalkeeper touches or controls the ball with his/her hands or feet, on any part of the playing court, for more than 4 seconds, except when he/she touches or controls the ball on the opponent's half of the playing court.
- goalkeeper with any part of his/her body receives a back pass that has been previously played by him/her, **during their teams possession**, back to him/her before the ball has (1) crossed the halfway-line or (2) been touched by an opponent

4. The opposing players must give 5 yards between them and the ball on all restarts.

Kick Offs

1. A kick off is a Direct Free Kick.
2. The ball must be played forward.
3. The winner of a coin toss will select either a side to defend or the kick off.

Kick-Ins/Restarts

1. Kick-Ins will take place when the ball crosses entirely over the touchlines.
2. A goal may **NOT** be scored directly from a kick-in. It is an Indirect Kick.
3. The opposing players must give 5 yards between them and the ball on all restarts.

Off Sides:

There are no off sides.

Goal Clearance

1. To be taken in place of goal kick.
2. From inside the penalty area, the goalkeeper throws or rolls the ball into play. The goalkeeper may not punt the ball into play.
3. The ball is not in play until it has passed outside of the penalty area. If the goal clearance is received inside of the penalty area, the goal clearance shall be taken over.
4. The goalkeeper may throw the ball directly across midfield.

Corner Kick

1. Ball placed inside the corner arc at the nearest corner. If ball is misplaced, the corner kick is taken over.
2. Must be taken within 4 seconds; failure to do so results in a indirect free kick to the opposing team from the corner mark.
3. The kicker cannot play the ball a second time until it has been played by another player; infringement of this rule results in a indirect free kick to the opposing team from the point of infringement.
4. Players on opposing team must be at least 5 yards from point of the corner kick.
5. You may score a goal directly from a corner kick.

Penalty Kick

1. A penalty kick shall be awarded when a player commits a flagrant foul within his/her own penalty area.

1. The penalty kick will be taken at the top of the restraining arc.
2. The goalkeeper must remain on his/her goal line but may move from side to side.
3. Players other than the kicker must be at least 5 yards away from the ball and all players must be outside the penalty arc.
4. The kicker shall not play the ball a second time until it has been touched by another player.

Penalty Kick Shoot-out

1. The referee will decide which goal shall be used.
2. A coin toss will decide the order.
3. Five kicks to be taken by five different players selected from the suited players. The Captain of each team shall provide the referee with the order of kickers.
4. If the two teams remain tied after the five kicks, each team will select 1 player (who has not previously taken a kick, unless that team has used all of its players including the goalkeeper) to take a kick until a winner is declared.
5. A player who has been ejected from a game may not participate.

First Round Point System

1. Teams will receive 3 points for a win, 1 point for a tie and 0 points for a loss
2. This will be a round robin format. Each division will be structured different due to the number of participating teams
3. If teams are tied with points; order placement in the standings are as follows:
 - 1) winner of the head to head, if remained tied:
 - 2) Goal Difference, if remained tied:
 - 3) Least amount of goals against.

Elimination Rounds

1. The number of teams advancing from each group will be determined prior to the start of the tournament once the organizing committee receives all team entries.
2. If the score is tied after regulation, a sudden death overtime of 5 minutes will occur (except for the championship game where a 10 minute sudden death overtime will occur). If the game remains tied after the 5 minute sudden death, a Penalty Kick Shoot-out (as described under Penalty kick Shoot-out) will decide the winner. Each team will select five players to take the kicks. The team with the most goals after all five kicks are taken will be the winner. If the score remains tied: each team will select 1 player (who has not previously taken a shoot-out, unless that team has used all of its players including the goalkeeper) to take a kick until a winner is declared.