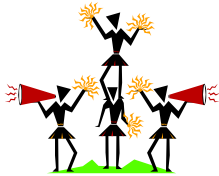


# Summer Cheer Clinic



Are you interested in improving your cheerleading skills?  
Have you never cheered before but would like to try?  
Are you entering grades 3 through 8 this fall?

**THEN**  
**This clinic is for you!**



**When:** June 23, 24, 25 -12:30pm-4:00pm each day  
**Where:** Deer Crossing Elementary School Gymnasium  
**Who:** Any students entering grades 3 - 8 this fall  
**Cost:** \$50.00 – Checks payable to LHS Boosters

## We will work on the following....

- ❖ Strong/Sharp Arm Motions
- ❖ Learning and Improving Jumps
- ❖ New Cheers/Chants
- ❖ A Fun Dance
- ❖ Stunting

**We will have fun games throughout the day...Come and join in the FUN!**

**Sponsored By:**  
**The Linganore High School Cheerleaders and Coaches**

-----Cut and Return With Payment-----

Name \_\_\_\_\_ Grade Entering This Fall \_\_\_\_\_

Address \_\_\_\_\_

Parents/Guardians Name \_\_\_\_\_

Home Phone \_\_\_\_\_ Parents/Guardians Cell \_\_\_\_\_

Emergency Contact (other than parent) \_\_\_\_\_

Allergies/Concerns \_\_\_\_\_

Doctor's Name/Number \_\_\_\_\_

### DISCLAIMER

I agree that in case of an accident involving my child while attending this clinic, and with full awareness that cheerleading is an activity that may involve risk or injury, I release Linganore High School, its coaches and cheerleaders and the LHS Boosters, from any and all liability. I understand every precaution will be taken to provide a safe environment and I authorize the Linganore High School coaching staff to act for me according to their best judgment in the event my child needs emergency medical attention.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

### Mail Form and Payment To:

Nancy White  
11573 Liberty Oak Drive  
Frederick, MD 21701

**Questions: Contact Nancy White 301-788-5611 or Janet Ingram 301-471-1636**