



# MID - MARYLAND Girls JR. BASKETBALL LEAGUE



<http://www.fred.net/dcline/mmgirlsbball> Leagues have regular season play, beginning in late November, and conduct Conference Championship Tournaments in March with all teams participating. Teams are seeded in the tournament based on regular season records.

## Playing Rules

- 🕒 Quarters are six (6) minutes in length for JV and (7) minutes for Varsity.
- 🕒 Full-court pressure may not be applied in the second half by a team leading by 15 points or more
- 🕒 Most of the games are played on Saturday and Sundays
- 🕒 The season *usually* starts with a Thanksgiving Weekend tournament and ends in late February

## OMS Overview

- 🗘 10 - 12 Girls will make the JV & Varsity teams - **There is a “must play” rule, but not an “equal play” rule. Your daughter will not be guaranteed any amount of playing time. All playing time will be earned at the discretion of the coaches.**
- 🗘 **Communication:** Any issue or concern that a player has must be communicated to a coach from that player before any parent involvement occurs.
- 🗘 As of now, we plan on practicing on Tuesdays (JV 3:20 to 5:30) - (Varsity 5:45 to 7:30) and Fridays (JV 3:20 to 5:30) - (Varsity 5:45 to 7:30) at Oakdale Middle School. Players are expected to make all practices and games.
- 🗘 **All families are be expected to volunteer** (Gate Coordinator, Concessions, Gym Preparation, Team Mother, Scoreboard Operator, Stat Keeper)
- 🗘 → **Open Gyms** Tuesday (JV 3:20 to 5:30) - (Varsity 5:45 to 7:30) **October 2<sup>nd</sup>** & Friday (JV 3:20 to 5:30) (Varsity 5:45 to 7:30) **October 5<sup>th</sup>**
- 🗘 → **Tryout dates** Tuesday (3:20 to 5:30) - (Varsity 5:45 to 7:30) **October 9<sup>th</sup>** & Friday (1:20 to 3:30) - (Varsity 5:45 to 7:30) **October 12<sup>th</sup>**
- 🗘 **Tryouts are closed to parents & siblings and this team is for Oakdale students only**
- 🗘 Cuts may be made at the end of each tryout session per the coach’s discretion. Those girls who do not make the team will be enrolled in the intramural program with LUYAA and are encouraged to come out again next year.
- 🗘 A parent may have additional cost such as: Warm-up sweats, a practice jersey, and a sweatshirt. All girls who make the team will be provided with a travel bag, uniform(turned back in), and a shooting shirt.

## Coaches and Evaluations:

- ❖ JV - Head Coach: Norm McGaughey
    - Asst. Coaches: Janine Smith, Shelly McGaughey, & Richard BuIs
  - ❖ Varsity - Head Coach: Dave Miller
- *Please keep in mind the information about the JV & Varsity Oakdale Girls team above are our objectives, some details may change. The information is intended to provide parents with direction.*